

The Adaptive Human-AI Synergy in Logistics (AHASL) Theory

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Abstract

This paper introduces the Adaptive Human-AI Synergy in Logistics (AHASL) theory, which focuses on integrating artificial intelligence (AI) into logistics and supply chain management. The study takes a qualitative approach, using interviews, observations, and reflexive journaling, and finds that while AI significantly improves operational efficiency and decision-making, human oversight is still required to address AI's limitations, such as bias, lack of transparency, and potential skill erosion. The AHASL model prioritizes Full-Spectrum Explainability (FSE) and a Bias Mitigation Framework (BMF) to ensure that AI-driven decisions are transparent and equitable while simultaneously arguing for retaining human expertise to retain adaptability and resilience in logistical operations. The study's findings emphasize the significance of balanced human-AI collaboration. However, they also call for more research into the long-term effects, scalability, and ethical implications of AI integration in logistics.

Keywords: Human-AI synergy, Logistics, AI transparency, Bias mitigation, Supply chain management

1. Introduction

Incorporating AI into logistics and supply chain management has transformed old operating models, offering more efficiency, precision, and decision-making powers. With the introduction of advanced AI technologies such as machine learning, predictive analytics, and automation, industries have seen considerable gains in inventory management, demand forecasting, and supply chain efficiency (1). These technologies have enabled firms to process massive volumes of data in real time, increasing supply chain agility and responsiveness to market changes, lowering costs, and improving overall operational performance. Despite these advances, AI's expanding presence in logistics has highlighted complicated issues such as transparency, ethical data usage, decision-making fairness, and the retention of human expertise in the face of increased automation (2). These limitations indicate that, while AI has enormous promise, a more balanced, adaptive approach is required to fully realize its benefits without jeopardizing humans' vital roles in managing and controlling complex logistical systems.

This study aims to present a new theoretical framework, the adaptive human-AI synergy in logistics theory that solves the current gaps in AI integration in the logistics sector. Current theories frequently emphasize either complete automation or extensive human control, but few models highlight the dynamic and developing relationship between AI systems and human expertise (3). AHASL aims to close this gap by fostering a synergistic connection in which AI and human operators cooperate in real time, leveraging

their respective capabilities to optimize supply chain operations while assuring ethical, transparent, and robust decision-making.

This research also looks at the consequences of overreliance on AI technology, including the risks of skill erosion among logistics experts and the possibility of biased, opaque AI-driven choices. The research incorporates concepts like Full-Spectrum Explainability (FSE) and the Bias Mitigation Framework (BMF) to enhance transparency and fairness in AI applications. Additionally, it introduces emerging professional roles, such as the Human Collaboration Officer and AI Resilience Coordinator, to support the sustainable and responsible integration of AI technologies in logistics. These roles highlight the importance of continuous collaboration between human expertise and AI systems to maintain the integrity and adaptability of supply chain operations, especially during periods of disruption or uncertainty.

Finally, the study attempts to provide a comprehensive theoretical model that redefines the role of AI in logistics. It envisions a future in which AI acts as an empowering tool for human operators rather than a replacement, creating a logistics environment that is both technologically advanced and intensely robust to the difficulties of the digital age. By combining AI's computing capacity with human flexibility and ethical oversight, the Adaptive Human-AI Synergy in Logistics theory offers a balanced approach that has the potential to alter how logistics and supply chain management evolve in coming decades.

2. Theoretical Background

Logistics and supply chain management have long been the focus of theoretical research, with several theories and frameworks established to handle the complexity of operational efficiency, resource allocation, and demand forecasting. Traditional supply chain models rely on human-driven decision-making processes, utilizing historical data analysis, statistical approaches, and linear optimization models (4). However, the rise of AI and machine learning has radically altered logistics, allowing for real-time processing of enormous datasets, predictive analytics, and automation of previously labor-intensive processes. This transition has motivated academicians and industry experts to propose new theoretical frameworks that account for the integration of AI into logistics systems and outline critical issues that arise as AI technologies play a more central role in supply chain operations (5).

One well-known concept is the Autonomous Supply Chain Framework, which proposes that AI technology may fully automate supply chain activities, reducing the need for human participation. This approach is based on the notion that AI-powered computers can do jobs like inventory management, demand forecasting, and logistics coordination more quickly and accurately than human operators (6). While this concept emphasizes the promise of increased efficiency and cost savings, it frequently needs to pay more attention to the risks associated with overreliance on AI, such as the loss of vital human expertise and a lack of transparency in AI-driven decision-making. Furthermore, autonomous supply chain models typically view AI as a static instrument rather than a dynamic collaborator who evolves with human operators (7). This represents a severe restriction, as the complexity and unpredictability of global supply chains frequently necessitate human intuition and problem-solving talents that current AI systems cannot match.

Another significant paradigm is the Collaborative AI-human decision-making Framework, which highlights the need for human oversight in AI-powered logistical systems. In this perspective, AI systems are considered tools that supplement, not replace, human decision-making. This framework's key features include enhanced intelligence, in which AI supports human operators by giving data-driven insights while humans maintain ultimate authority over strategic decisions (8). This approach solves some of the

concerns about autonomous models, including preserving human competence and ethical decision-making. However, the collaborative model frequently needs mechanisms for adjusting to rapidly changing operational contexts. AI may need to be more active in decision-making during disruption or uncertainty (9). Furthermore, the methodology must account for the ongoing need to upgrade and develop AI systems to keep them aligned with changing business objectives and regulatory constraints.

The AI-Powered Predictive Maintenance Model has also received substantial attention in the literature, particularly for its use in optimizing asset management within supply chains (10). This strategy uses AI algorithms to detect equipment failures and proactively schedule maintenance tasks, decreasing downtime and improving system reliability. While the predictive maintenance model provides apparent benefits in terms of operational efficiency, it also raises data quality and bias issues. AI systems rely primarily on historical data, and if that data has inherent biases or needs to be more sufficient, the AI's predictions might exacerbate these problems (11). Furthermore, this theory often functions independently of more extensive supply chain processes, missing integration with other AI-powered systems that could provide further insights or remedial steps.

In addition to these models, the literature has presented several factors that determine the effectiveness of AI implementation in logistics. Data quality is a significant determinant, as its accuracy and completeness directly impact the performance of AI systems. Poor-quality data can result in biased or inaccurate decisions, notably in demand forecasting and inventory management (12). Another significant variable is human skill, which is required for analyzing AI outputs and making changes based on contextual information that AI systems may lack. Human knowledge is essential when AI systems face unexpected obstacles or operational disruptions, as human operators are typically better suited to offer creative solutions (13).

Ethical considerations have also emerged as an essential driver in the literature, notably regarding openness and accountability for AI-driven judgments. Scholars have expressed concern about the "black-box" character of many AI systems, in which human operators struggle to understand the decision-making mechanisms (14). This lack of transparency might cause opposition among logistics workers and erode faith in AI technologies. To address these concerns, some theories propose the usage of explainable AI (XAI), which aims to make AI decision-making processes more transparent and intelligible (15). However, integrating XAI into logistics systems remains difficult since it requires balancing openness with the operational efficiency that AI technologies offer.

The literature emphasizes resilience as a significant factor influencing AI integration in logistics. While AI can optimize supply chain procedures in normal circumstances, its ability to respond to unanticipated interruptions, such as natural catastrophes or market swings, is frequently limited (16). This emphasizes the significance of building AI systems that can adapt to changing conditions and collaborate with human operators to maintain the continuity and resilience of supply chain operations. Theoretical models focusing on efficiency frequently overlook adaptability in AI systems, exposing enterprises to disruptions when AI systems fail to adjust in real-time (17).

While existing theoretical models provide valuable insights into the integration of AI in logistics, they frequently need to address the dynamic and developing nature of AI-human collaboration (18). The Autonomous Supply Chain Framework emphasizes full automation while downplaying the significance of human monitoring and adaptation. The Collaborative AI-human decision-making Framework prioritizes human control while lacking methods for real-time AI adaptation. The AI-Powered Predictive Maintenance Model improves operational efficiency while posing issues in data quality and system integration. Furthermore, fundamental criteria such as data quality, human knowledge, ethical

transparency, and resilience significantly impact the effectiveness of AI integration in logistics (19). These gaps in existing models paved the way for the development of the Adaptive Human-AI Synergy in Logistics (AHASL) theory, which seeks to provide a more holistic and adaptive approach to AI integration, balancing the strengths of both AI and human operators while addressing the ethical, operational, and resilience challenges present in contemporary supply chain systems.

3. Research Model

The Adaptive Human-AI Synergy in Logistics theory is a unified paradigm that combines human expertise with AI-powered technologies in a dynamic, synergistic interaction. The primary goal of this strategy is to optimize logistics and supply chain operations by harnessing AI capabilities while keeping critical human oversight, adaptability, and ethical considerations. In this concept, AI is considered a vital tool that augments and supports human decision-making rather than a replacement for it. The AHASL theory's elements are interrelated, producing a comprehensive framework highlighting the value of collaboration, transparency, and continual adaptation in the ever-changing logistics world.

The AHASL theory's key concept is Human-AI Synergy, which symbolizes continuous, context-specific collaboration between AI systems and human operators. This synergy is not static; it evolves in response to real-time needs, allowing for a fluid connection in which the level of AI or human control varies according to the scenario. For example, AI may handle most logistical duties during everyday operations, such as demand forecasting, route optimization, and inventory management (20). However, human operators can intervene in an unforeseen disruption—such as natural disasters, supply chain breakdowns, or unprecedented market shifts—using their intuition, expertise, and creativity to adjust AI-driven choices and maintain operational continuity. This notion is critical to addressing the primary flaws in current theories: the tight separation of AI and human responsibilities. The AHASL approach, which focuses on adaptive synergy, ensures that human expertise and AI capabilities work together to maximize performance and resilience in logistic operations.

A closely similar concept is Full-Spectrum Explainability (FSE), which emphasizes the transparency and interpretability of AI choices. In many AI applications, notably in logistics, decision-making processes are frequently opaque, resulting in the so-called "black-box" effect, in which human operators struggle to understand the reasoning behind AI-driven decisions (21). FSE addresses this by assuring AI systems based on the AHASL framework have explainability features. Every choice or recommendation the AI makes is accompanied by a clear explanation that human operators can easily understand, allowing them to assess, alter, or veto AI recommendations as needed. The link between Human-AI Synergy and FSE is critical, as the collaborative model's success depends on humans' capacity to trust, comprehend, and interact with AI systems. Without explainability, the synergy is diminished because human operators may be unwilling to rely on AI judgments they do not understand.

Another critical component of the AHASL theory is the Bias Mitigation Framework (BMF), which addresses the ethical issues related to AI, notably the hazards of biased decision-making. AI systems intrinsically depend on the quality and representativeness of the data on which they are taught. AI may unintentionally perpetuate biases in its predictions and recommendations if that data contains historical prejudices (22). Biased AI judgments in logistics can have far-reaching repercussions, including unfair resource allocation, inefficiencies in demand forecasting, and mismanagement of supply chain routes, all of which can disproportionately affect certain regions or stakeholders. AHASL's BMF uses continual data audits and algorithmic changes to discover and fix biases before they manifest in logistical choices.

This concept is strongly related to FSE because explainable AI systems are better adapted to uncovering potential biases, allowing human operators to intervene and ensure equal decision-making.

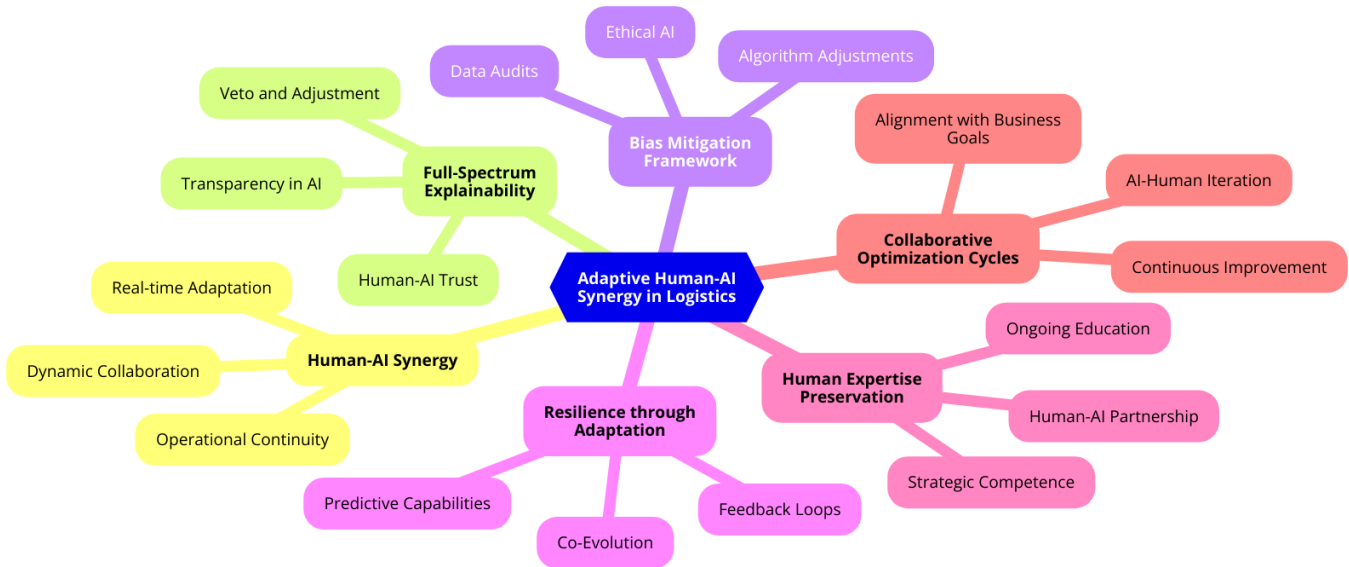
Another critical concept in the AHASL paradigm is resilience through human-AI adaptation. Logistics and supply chain systems are frequently prone to unexpected interruptions, whether due to environmental variables, political instability, or changes in consumer behavior (23). In such cases, AI systems, which are highly effective in normal conditions, may struggle to adapt to quickly changing situations. The Resilience design ensures that human operators and AI systems can adapt to such interruptions. AI's predictive powers enable it to identify potential hazards early on. This construct reinforces the AHASL model's emphasis on adaptation, in which neither humans nor AI systems are expected to work in isolation but rather co-evolve to ensure supply chain continuity and resilience. However, when unexpected events occur, human operators use their problem-solving talents to adjust AI's reactions, resulting in a feedback loop in which both AI and humans improve each other's decision-making abilities (24).

The AHASL theory also includes human expertise preservation and development as a vital element in preventing logistics professionals' loss of essential abilities. This design promotes human-AI synergy by guaranteeing that human operators continue to play an essential role in decision-making as AI systems improve. One of the most significant worries about AI integration in logistics is the possibility that as AI takes over more duties, human operators would lose their capacity to execute these tasks or make critical judgments without AI support (25). The AHASL theory solves this by fostering ongoing education and training initiatives that foster human competence alongside AI developments. Training programs teach logistics professionals how to use AI efficiently but also help them improve their strategic, creative, and problem-solving abilities, areas where humans frequently beat AI.

The AHASL theory also includes the concept of Collaborative Optimization Cycles. This construct captures the iterative interaction between human operators and AI systems. Instead of considering AI-driven optimization as a one-time event, the AHASL theory stresses that logistics optimization is a continuous improvement cycle. AI systems constantly offer optimization techniques based on real-time data analysis, but these plans require human assessment, modification, and correction (26). The interaction of Collaborative Optimization Cycles and Human-AI Synergy ensures that logistical operations are optimized for efficiency, adaptability, ethical considerations, and long-term robustness. This cyclical method enables the theory to respond to routine and extraordinary conditions in logistics environments, ensuring that AI recommendations align with overall business goals and human expertise.

The AHASL theory provides a unified framework for integrating AI technologies into logistics, with constructs such as Human-AI Synergy, Full-Spectrum Explainability, Bias Mitigation Framework, Resilience through Human-AI Adaptation, Human Expertise Preservation and Development, and Collaborative Optimization Cycles. These interconnected constructs are intended to ensure that AI and human operators collaborate dynamically, transparently, and ethically to improve supply chain operations. The linkages between these structures enable a model that combines technology efficiency with human adaptation, resulting in a more robust, egalitarian, and efficient logistics system.

Figure: The Adaptive Human-AI Synergy in Logistics (AHASL) Theory



The Adaptive Human-AI Synergy in Logistics (AHASL) is a unified theory that combines human experience with AI-powered technology to improve logistics operations through dynamic and transparent collaboration. At its foundation, Human-AI Synergy focuses on real-time, context-specific interactions in which control is smoothly transferred between people and AI, providing operational continuity amid disturbances. The Full-Spectrum Explainability (FSE) concept ensures that AI judgments are transparent and interpretable, building trust and allowing human operators to amend or veto decisions as needed. The Bias Mitigation Framework (BMF) addresses ethical problems by inspecting data, changing algorithms, and assuring fair decision-making to avoid biases in AI recommendations. Resilience through Adaptation emphasizes the co-evolution of humans and AI, allowing for predictive capacities and feedback loops to handle unforeseen disruptions in supply chains. Human Expertise Preservation focuses on continual education and intentional skill development to prevent human expertise degradation while fostering robust human-AI collaboration. Finally, Collaborative Optimization Cycles emphasizes logistics optimization as an iterative process in which human operators and AI systems collaborate to enhance tactics and align AI recommendations with business objectives. These interrelated constructions demonstrate how AHASL provides ethical, adaptive, and effective logistics operations by fostering synergistic and iterative collaboration between people and artificial intelligence.

4. Methodology

This study uses a qualitative research design to investigate and evaluate the adaptive human-AI synergy in logistics theory. The primary goal of this technique is to capture the complex, real-world interactions of logistics professionals with AI systems, resulting in a thorough knowledge of how human expertise and AI collaborate in logistics and supply chain management. The qualitative method is ideal for this study, as it emphasizes the subjective experiences, perceptions, and interactions that occur in human-AI partnerships, sometimes overlooked by quantitative data (27). This paper focuses on in-depth insights into how human-AI synergy manifests in practice; the problems professionals encounter, and the possibilities for developing this synergy through ongoing collaboration and adaptation.

The research design adopts a multi-method qualitative approach, incorporating semi-structured interviews, participant observation, and reflective journals. These strategies are intended to collect extensive, detailed data that captures the complexities of human-AI interactions in logistical situations. I

The aim is to investigate how logistics professionals perceive and experience AI systems in their daily operations, how these systems influence their decision-making, and how well human expertise and AI work together to improve logistics performance. This study uses purposive sampling to choose participants from various logistics industries, including retail, transportation, and manufacturing. This ensures the inclusion of diverse experiences, from newly integrated AI systems to those using more established, AI-enhanced workflows. By bringing together individuals from various job positions—such as supply chain managers, inventory specialists, and AI engineers, this paper will present a complete view of human-AI synergy across the logistics environment.

Interview data was collected through audio recordings and transcriptions to ensure that every aspect of the participants' experiences is preserved for future research. Semi-structured interviews allowed participants to flexibly but concentratedly relate their experiences with AI systems. Open-ended questions enabled them to express their opinions on AI's utility, dependability, and influence in their logistical operations. Participants in these interviews were asked to describe how they cooperate with AI if they find it advantageous and any challenges they experience when incorporating AI-driven recommendations into their decision-making processes. This way, the complexities of real-world interactions between people and AI were captured, revealing deep details about collaborative relationships.

In addition to interviews, this study used participant observation to study human operators and AI systems' interactions directly. This real-time observation aided in capturing behaviors and answers that may not be fully defined in interviews, such as how frequently AI is consulted, how human operators react to AI suggestions, and how readily they may change AI-driven judgments. Observation sessions were conducted in logistical settings where AI technologies are actively employed, allowing me to document how human-AI collaboration works in practice. Extensive field notes were taken to capture essential instances when human interaction improves or corrects AI outputs, providing further data on the flexibility and reactivity of the systems involved.

Participants were also asked to keep reflexive journals for a set time, usually two to four weeks. These journals encouraged users to reflect on their daily encounters with AI systems, providing continuing insights into how human-AI synergy evolves. This strategy was especially beneficial for documenting everyday events that may not be covered in a single interview or observation session, allowing participants to record moments of irritation, success, or ambiguity. Reflexive journals provide a longitudinal view of collaboration, showing how AI technologies integrate into the logistics workflow and how participants' attitudes about AI develop over time (28).

After collecting the data, thematic analysis was used to discover significant patterns and themes in interviews, observations, and journal entries. Open coding divided transcripts into smaller units of meaning, categorizing remarks on trust, decision-making, ease of collaboration, and system flexibility. These initial codes were then refined and organized into more significant topics, such as difficulties in comprehending AI outputs or reliance on AI in specific decision-making scenarios. After coding, a cross-case comparison was undertaken to uncover commonalities and variances in the participants' experiences. Reflexive journals were studied alongside the interview process and the observation sessions to ensure that recurring themes are cross-checked across diverse data sources, boosting the findings' trustworthiness. Triangulation of these sources contributed to a more comprehensive knowledge of human-AI synergy, ensuring that discoveries were well-rounded and really based on multiple viewpoints. The mix of interviews, observations, and journaling provided a solid foundation for comprehending the AHASL theory's real-world applications.

To ensure research validity, this paper used member checking, which allows participants to evaluate and confirm the findings to verify that their experiences are appropriately represented (29). This phase ensured the analysis authenticates the participants' opinions while avoiding researcher bias. By including participants in the review process, the study increased the trustworthiness of the findings and ensured that the interpretations were consistent with the individuals' genuine experiences and insights. This strategy also increased the reliability of the research by adding an extra layer of precision and transparency to the data interpretation process.

This qualitative methodology, which emphasizes in-depth interviews, participant observation, and reflective journals, thoroughly analyzes human-AI synergy in logistics. By capturing the varied experiences of professionals working at the interface of human expertise and AI technology, the study sheds light on how collaboration can be enhanced to maintain a balanced, flexible, and efficient logistics system. Through this research methodology, this paper will add helpful information to the literature on AI integration in logistics and provide practical recommendations for boosting the collaboration potential of human-AI systems in the real world.

5. Results

This qualitative study's findings provide vital insights into the dynamics of human-AI synergy in logistics and supply chain management, allowing for a better understanding of how the adaptive human-AI synergy in logistics model works in practice. The reliance on semi-structured interviews, participant observation, and reflexive journals, has provided a comprehensive picture of how logistics professionals interact with AI systems, showing the merits and problems of this collaboration. This paper will constitute a foundation for comparing the AHASL theory to existing theoretical frameworks, offering insight into the approach's distinct contributions and practical advantages.

One of the study's primary results is that AI systems are generally well-received in logistics operations, with most participants reporting better operational efficiency, forecasting accuracy, and decision-making capabilities. However, while AI systems are considered solid tools for automating regular jobs and analyzing massive amounts of data, the paper emphasizes the importance of human monitoring. Participants repeatedly underlined the significance of human assistance in altering AI-driven judgments, especially in complicated or uncertain situations. This underscores an essential principle of the AHASL theory: AI systems and human knowledge must collaborate, with human operators offering contextual judgment and adaptability that AI systems frequently lack. This dynamic link between human and AI decision-making needed to be adequately addressed in earlier models, such as the Autonomous Supply Chain Framework, which emphasizes automation while downplaying the importance of constant human monitoring.

The interviews found that, while AI considerably improves the speed and efficiency of logistical processes, trust in AI systems is an essential factor impacting the efficacy of human-AI synergy. Several participants voiced concern about the "black-box" nature of AI decision-making, in which the reasoning behind AI suggestions was obscure or difficult to understand. This lack of transparency frequently caused difficulty in fully implementing AI-driven judgments, especially in high-stakes scenarios where errors could result in significant financial losses or operational interruptions. This discovery is consistent with the AHASL theory's emphasis on Full-Spectrum Explainability (FSE), which requires AI systems to provide explicit, interpretable reasons for their actions. The study discovered that participants working with AI systems with explainability features had more faith in the technology and were more inclined to integrate AI recommendations into their workflows smoothly. On the other hand, those who used AI

systems without such characteristics were more prone to override AI judgments, depending on their own knowledge to bridge understanding gaps.

The study found sufficient evidence to validate the AHASL theory's Bias Mitigation Framework (BMF) regarding bias identification and mitigation. During the participant observation sessions, it became apparent that AI systems trained on biased or incomplete information frequently made skewed recommendations, particularly in demand forecasting and resource allocation. For example, one participant reported how the AI system regularly underestimated demand in certain places, a bias that went undetected until human operators intervened and rectified the AI's suggestions. The reflexive journals confirmed this, with numerous participants commenting that while AI was useful in spotting patterns, it occasionally reinforced pre-existing biases in the data. These findings highlight the importance of ongoing monitoring and adjustment of AI systems to ensure fairness and accuracy—something existing models, such as the Collaborative AI-Human Decision-Making Framework, frequently neglect. While these models stress human oversight, they do not adequately address the processes required to detect and fix biases in AI systems.

Another major conclusion concerns the durability of logistics operations when AI and human knowledge are integrated. The study's qualitative data suggested that the most efficient logistics operations were those in which AI systems and human operators worked together in real-time to manage disruptions or unforeseen events. For example, during one observation session, an AI system suggested a poor route for a shipment due to unforeseen weather conditions. Human operators rapidly spotted the problem and corrected the AI's judgment, exhibiting the flexibility and adaptability essential to the AHASL theory's concept of resilience through Human adaption. This contrasts with more inflexible models, such as the AI-Powered Predictive Maintenance Model, which tends to function in isolated silos and cannot adjust in real time to changing circumstances. The AHASL theory's emphasis on iterative feedback loops between humans and AI has been demonstrated to be crucial for sustaining operational resilience, especially in turbulent or unpredictable logistical situations.

The study also emphasizes the importance of human expertise preservation, as outlined in the AHASL paradigm. While AI systems are increasingly capable of automating decision-making processes, participants repeatedly expressed concern that depending too much on AI could lead to the loss of critical human abilities. This was especially noticeable in the reflexive journals, where participants discussed how their responsibilities had changed with the advent of AI systems. Several participants expressed concern that their ability to execute specific activities independently, such as manual demand forecasting or route optimization, had waned over time as they depended more on AI. This discovery differs from several previous models, such as the Autonomous Supply Chain Framework, which presume that AI can completely replace human decision-making in these areas. The AHASL paradigm, on the other hand, highlights the complementary relationship between AI and human expertise, arguing for ongoing human engagement to prevent skill loss and to ensure that human operators can intervene when AI systems encounter restrictions.

The findings of this empirical study provide solid evidence for the AHASL theory's usefulness and relevance in real-world logistics operations. The study shows that human-AI synergy, based on collaboration, transparency, bias mitigation, and resilience, can considerably increase operational efficiency, decision accuracy, and adaptability. Comparisons with existing models show that the AHASL theory is more comprehensive and versatile, addressing significant limitations such as explainability, bias mitigation, and the preservation of human expertise. The qualitative findings also emphasize the need for trust, transparency, and continual feedback between AI systems and human operators, providing valuable

insights for researchers and practitioners looking to improve AI integration in logistics and supply chain management.

6. Discussion

The study's findings have important implications for the theoretical and practical aspects of incorporating artificial intelligence into logistics and supply chain management. The Adaptive Human-AI Synergy in Logistics (AHASL) paradigm significantly advances our understanding of the interaction between AI systems and human operators in these industries. The findings show that while AI provides indisputable advances in operational efficiency and decision-making accuracy, human experience is still required to ensure flexibility, fairness, and resilience inside logistics systems. This simultaneous emphasis on AI's strengths and human flexibility highlights the importance of the AHASL theory, which encourages a collaborative and adaptive approach rather than a fully automated one. The theory's contributions stem from its emphasis on balancing automation with human oversight, which fills the gaps created by existing frameworks that tend to overemphasize either AI autonomy or human control.

One of the most important implications of these findings is the role of explainability in building trust between human operators and AI systems. The study found that transparency is critical in establishing human-AI synergy, as logistics professionals are more inclined to adopt and rely on AI-driven decisions when they understand the reasoning behind them. This finding emphasizes the practical importance of the Full-Spectrum Explainability (FSE) element in the AHASL theory. Clear, understandable AI outputs are essential in an industry where split-second decisions can have far-reaching repercussions (30). This study calls into question theories that rely primarily on AI's ability to automate without considering how humans interact with and trust these systems. AI systems should be regarded as collaborative tools that improve human decision-making rather than as opaque or unmanageable. The AHASL theory fills a critical gap in the existing literature on AI integration in logistics, in which the "black-box" problem of AI is frequently disregarded or underestimated.

The findings reveal that while AI can expedite operations and enhance accuracy, it is prone to repeating biases discovered in training data, notably in demand forecasting and resource allocation. The Bias Mitigation Framework (BMF) of the AHASL theory is critical in resolving this issue since it ensures that AI systems operate pretty and equally across all logistics processes. Existing theories, which heavily rely on AI's neutrality, fail to account for the reality that biased data can drastically influence AI predictions and choices. The AHASL theory provides a more ethical and stable foundation for AI deployment by incorporating ongoing bias detection and correction procedures. This has far-reaching ramifications for the logistics industry, especially as it increasingly relies on AI for decision-making in global supply chains, where biased outputs can worsen injustices or inefficiencies across geographies and stakeholders. The emphasis on bias mitigation improves decision accuracy and increases trust and fairness, emphasizing the importance of human oversight in monitoring and adjusting AI systems (17).

The study emphasizes the disadvantages of over-reliance on AI, including the possibility of skill erosion, in which logistics experts lose the capacity to complete jobs autonomously as they acclimate to AI-driven decisions. This study supports the AHASL theory's emphasis on keeping humans involved in all elements of logistics operations, not as a redundant measure but as a required complement to AI's skills. The significance of this balance grows as more firms embrace AI-driven automation, frequently forgetting the long-term implications of displacing human talents. Unlike existing theories, such as the Autonomous Supply Chain Framework, which tends to position AI as a replacement for human decision-making, the AHASL theory acknowledges that human intuition, problem-solving, and contextual understanding are

irreplaceable, especially in complex or unexpected situations. This adds to a more sustainable and resilient AI integration strategy that protects human expertise while maximizing AI's capabilities.

The resilience revealed by the AHASL theory provides vital insights for logistics operations in volatile and uncertain contexts. The findings reveal that logistics systems are most effective when human operators and AI systems work together in real-time to respond to disturbances and changes in the operating environment. This adaptability is critical for ensuring that logistics systems remain flexible and responsive to unexpected difficulties, such as supply chain outages or rapid swings in demand. The AHASL theory's emphasis on Collaborative Optimization Cycles, in which human feedback continuously informs and refines AI decisions, represents a considerable improvement over more static theories of AI integration. These static theories frequently presume that AI systems can run independently once taught with minimal input. However, the outcomes of this study show that real-time collaboration between humans and AI is critical for the resilience of logistical systems. The AHASL theory's dynamic feedback loop distinguishes it as a forward-thinking answer to current and future logistical difficulties.

Furthermore, the study's focus on qualitative insights emphasizes the experiential dimension of human-AI synergy, making substantial contributions to logistics by rooting theoretical notions in professionals' lived experiences. The extensive, thorough data from interviews, observations, and reflective journals has provided a sophisticated picture of how AI is viewed, adopted, and changed in everyday operations. This qualitative method has expanded the understanding of the practical obstacles and opportunities connected with AI integration by providing real-world examples of the AHASL theory's applicability. By emphasizing logistics workers' experiences, the study emphasizes the importance of AI systems that are technically competent but also user-friendly, adaptive, and trustworthy. This changes the focus of AI integration away from technical concerns and toward more holistic considerations of how AI fits into human workflows, in line with the AHASL theory's emphasis on collaboration, transparency, and adaptability.

The outcomes of this study highlight the importance of the AHASL theory as a unified, adaptable framework for addressing the challenges of AI integration in logistics. The AHASL paradigm emphasizes collaboration, openness, bias mitigation, and the preservation of human expertise, making it a more holistic and ethical approach to AI deployment. Its contributions to the industry stem from its capacity to bridge the gap between automation and human oversight, providing a balanced model that utilizes AI's benefits while preserving the critical function of human operators. These findings enrich theoretical conversations about AI and logistics and provide practical assistance for firms looking to optimize their logistics operations using AI, ensuring that efficiency is reached without losing adaptability, fairness, or human knowledge.

7. Conclusions

This study has investigated the integration of AI into logistics and supply chain management by developing and empirically evaluating the adaptive human-AI synergy in logistics theory. The study's qualitative approach, which gathered insights from logistics professionals through interviews, observations, and reflexive journaling, gave a thorough knowledge of how human expertise and AI technologies might work together to better logistics operations. The findings supported the AHASL theory's emphasis on collaboration, transparency, bias mitigation, and resilience, highlighting the enormous benefits of merging human intuition with AI-driven decision-making in complex logistical situations. The theory provides a balanced foundation for a dynamic interplay between human operators and AI, ensuring that automation improves rather than undermines human expertise.

This paper's core findings show that, while AI systems considerably increase operational efficiency and accuracy, human oversight is still required, especially when AI systems experience unexpected interruptions or offer biased suggestions. The study stresses the importance of AHASL's Full-Spectrum Explainability (FSE) construct, demonstrating that when AI judgments are transparent and understandable, trust in these systems grows, allowing for more effective collaboration between humans and AI. The theory's emphasis on human expertise preservation mitigates the risk of skill erosion, ensuring that logistics professionals maintain crucial decision-making abilities even as AI becomes more integrated into daily operations. This qualitative research emphasizes the importance of reducing bias, as AI systems can perpetuate biases found in training data if not adequately monitored. It also underscores the importance of resilience through real-time collaboration between AI and human operators, especially in dynamic and unpredictable supply chain contexts.

However, this study has several drawbacks. One disadvantage is the reliance on qualitative data, which, while giving rich and detailed insights, may fail to capture the full spectrum of AI's impact on logistics at various scales and industries. The findings are based on a narrow sample of logistics experts and operational AI systems, which may only partially reflect the range of experiences across the worldwide logistics sector. Furthermore, the study focused on human operators' views and experiences, implying that the technical performance of AI systems, in terms of specific algorithms or data structures, needed to be thoroughly investigated. Future studies should thus include more quantitative and technical studies of AI systems. The incorporation of which into logistics results in a more complete understanding of their usefulness and limitations.

The study was conducted over a relatively short period of time, making its comprehensiveness uncertain. While reflexive journaling provided some longitudinal insights, extending the research over a longer period would be helpful to see how human-AI synergy grows as AI systems learn and adapt. Long-term research might examine whether the gains in operational efficiency, trust, and collaboration shown in the short term are permanent and whether human expertise is conserved as AI systems become more autonomous. Furthermore, future research could look into the AHASL theory's scalability, assessing its applicability in more significant, complex logistics operations or sectors other than logistics, such as healthcare, finance, or manufacturing, where human-AI collaboration is becoming increasingly important. Another topic for future investigation is the ethical implications of AI integration in logistics. While this work addressed bias reduction, additional research is needed to understand how biases in AI systems may affect more considerable societal outcomes, such as equal access to resources or environmental sustainability in global supply chains. Furthermore, as AI systems become more powerful and autonomous, researchers should investigate the changing role of human agency in decision-making, ensuring that human operators can intervene and overturn AI-driven judgments as needed.

Finally, future research could look at the development and implementation of explainable AI (XAI) systems in greater depth. According to current research, Full-Spectrum Explainability considerably improves trust and collaboration. However, much more can be learned about effectively designing AI systems that deliver clear, actionable explanations without losing speed. Research could look into how different explainability techniques affect decision-making results and whether different user groups (for example, logistics experts, data scientists, and CEOs) have varied explainability needs.

This study adds to the expanding body of literature on AI integration in logistics by proposing a balanced, adaptive model that solves the constraints of previous frameworks. The AHASL theory provides a road ahead for enterprises looking to leverage the power of AI while retaining the critical value that human expertise brings to the table. While the findings provide practical insights, there is still much to learn

about scalability, long-term implications, ethical considerations, and AI system performance. As AI continues to disrupt logistics and other industries, future research should continue to enhance and expand our understanding of how human operators and AI systems may collaborate to build more efficient, fair, and robust operating environments.

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